

Curriculum Vitae

Surname: Calderaro

Name: Eleonora

Date of birth: 08-01-1982

Place of birth: Savona

E-mail: eleonora.calderaro@ hotmail.it

EDUCATION, WORK EXPERIENCES AND CAREER

I started to play tennis at 4 years of age with my father Vincenzo Calderaro, PTR Professional Instructor and FIT Instructor.

At a very young age, I began to compete in FIT (Italian Tennis Federation) tournaments.

In 1994, I won the Italian Team Championship FIT under 12, by the Tennis Club Malaspina in Milan. At the age of 12, I became number 1 in my region (Liguria).

As a result, I started to compete in national and international tournaments: in 1995, I placed 2nd in the International tournament of Bibione under 14, in 1996, I won the Italian team championship FIT under 14 and in 1997, I won the Italian team championship FIT division C3. These were important experiences because they formed my character and my mind.

But since I was very young, one of my dreams was teaching, because as I put it, "teaching is not only linked to the knowledge of the subject or to the ability of handing it down, but when you teach, you donate a part of yourself and of your passion to another human being. For this reason teaching means to be an instructor and at the same time a student, because each athlete can also teach something new to the instructor."

I obtained a vocational tennis instructor qualification from the AICS (Italian Association of Culture and Sport) in 2009.

In the same year, I started to teach tennis in cooperation with my father. I was both an administrative secretary and instructor for adults and children, and this gave me the opportunity to develop both practical and organizational aspects of tennis coaching. Then, thanks to this important experience, I realized one of my dreams: the creation of my own tennis school.

In 2011, I joined the Italian Tennis School "Tie Break Team" that operates in several tennis centers in Milan.

There I teach children from 4 years, teenagers and adults at both amateur and competitive levels. I also deals with the public and the organization of tournaments, and am currently studying toward a degree in Languages and Foreign Literature.

In May 2012 I became an INTERNATIONAL COACH MTM Tennis Teaching Professional and than an MTM Tennis Teaching Professional Clinician and Tester.

In September 2012, I have gone to Bettona (PG) to take part in the course to become an international coach certified ATP. I have passed the exam and now I'm an International Coach certified ATP of the GPTCA (GLOBAL PROFESSIONAL TENNIS COACH ASSOCIATION), led by the italian president Alberto Castellani, Dirk Hordhoff, Reiner Schuttler and Tony Nadal.

Oscar Wegner, the Founding Father of MTMCA (Modern Tennis Methodology Coach Association) nominated me from 2014 the person in charge of MTMCA ITALY and in October 2017 of MTMCA EUROPE.

In February 2014, I got certified by CSEN (National and Educational Sport Centre) as National Teacher.

In April 2015, I got certified by TCI (Tennis for blind Italy) as Tennis Instructor for blind and this certification was recognised by IBTA (International Blind Tennis Association).

In September 2016, I became Director of the International Tennis Academy MTMCA situated in Cisliano near Milan.

In 2017, I got certified by OPES (Organisation for Education to Sport) as National Tennis Istructor.

In these years, I took part in different professional courses such as for exemple "Feldenkrais Approach For Tennis Players", because I think that it's very important to keep up.

Oscar Wegner, the Founding Father of MTMCA (Modern Tennis Methodology Coach Association) nominated me from 2014 the person in charge of MTMCA ITALY and in October 2017 of MTMCA EUROPE.

From 2014 nowadays, I have organised courses to become MTMCA International Coach in Italy and I have worked as Clinician and Tester for Modern Tennis Methodology Coach Association.

Meanwhile, I have also published two books: "Minitennis and Tennis Chance Project" and "Tennis Preagonistica".

This second book was written in cooperation with the MTMCA Tennis Teaching Professional Clinician and Tester Peroni Giglio.